

Please note the following:

1. If the Pre-laser treatment and photography appointment occurs at the same time as your first laser treatment, Step 2 will not be charged.
2. Photographs of your nails are taken, and added to your notes for reference, before and at intervals during treatment.
3. You will be required to pay for laser treatment in advance. A minimum of 4 appointments must be paid before we book you in. *This is to avoid wasted time.*
4. You may need additional laser treatments depending on the severity of your infection.
5. Lunula laser treatment has been shown to be successful at curing nail infection (90-97% depending on the study).
6. Whilst fungus is effectively cleared by laser, some nail thickness/damage is due to trauma and will remain after laser.

Costs of treatment

1. Assessment: **£49**
2. Pre-laser treatment & photography: **£40**
3. 4 single treatments (1 hand/1 foot): **£300** or
4 double treatments (2 hands/2 feet) **£599**
4. **3 month follow-up: £ included**

additional laser treatments:

- 1 single treatment **£50** or
- 1 double treatment **£99**

A starter anti-fungal pack is Included with your laser treatment. Other products may be required during the course of your treatment and may be purchased in our branches or on our website



All of our Podiatrists (Chiropodists) are educated to degree standard (or equivalent), are registered with the Health & Care Professions Council (HCPC) and are full members of the College of Podiatrists

Please telephone us to make an appointment or book online:

Harpenden	01582 467667
Hertford	01992 505105
St. Albans	01727 865343
Stoke Newington	0207 275 0382

www.headandshort.co.uk/podiatry

Head Office:

Head & Short Footwear & Podiatry
14 High Street, St. Albans, Hertfordshire. AL3 4EL
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Laser for fungal nails (Lunula cold laser)



40662 – Before / After
8/12/10 – 4/22/10



Head & Short
PODIATRISTS LTD

What's involved?

Lunula cold nail lasers haven't been around for very long, so the cost of treatment is not yet cheap, however, they are significantly cheaper than hot laser for fungal nails (cost 5 years ago over £1,000). Cold lasers have been shown to have much higher success rates (studies indicate 90%-97% success rate compared with 50%-70%* for hot lasers).



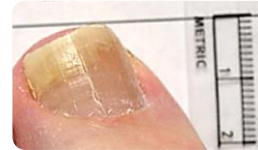
As we share our new lunula laser around four branches the costs to you are reduced. However, because of machine sharing you will probably not be able to start laser treatment on the same day as your assessment appointment.

Each laser cycle lasts 12 minutes so a single laser appointment is booked for 15 minutes and a double laser appointment is booked for 30 minutes.



Step 1. Assessment

This is an initial consultation to discuss your case and help you decide which treatment plan would be best for you. It lasts 20-30 minutes and does not include any treatment. The Podiatrist may



require that you commence a course of topical treatment (such as antifungal creams) to kill any skin infection and may recommend other treatments for your nails and your footwear (a reservoir of infection for most people).



Step 2. Pre-laser Treatment & Photography

If you wish to go ahead with laser treatment you will be booked in for a pre-laser treatment and photography appointment, where we trim and thin down your nails and take high definition photographs.



We often combine this appointment with your first laser treatment to save you time and money.

**on average*

Step 3. Laser treatments

The number of treatments you will need depends on the scale of your nail infection.

Up to 40% nail involvement:

4 weekly treatments*

40 – 70% nail involvement:

6 weekly treatments*

70% or more nail involvement:

8 weekly treatments*

All patients are given a starter pack of topical anti-fungals to use during this time.

Step 4. Three-month follow-up

We check you at three months to see if the fungus is growing out; 90% of patients will see improvement by this time. If further treatments are required, they are offered at a reduced price (see overleaf).

Step 5. Six-month follow-up

We sometimes also see you at six months (and sometimes at twelve months) to check that the nails are growing out uninfected and that you have not become re-infected (from your shoes or from the environment).

